

Havering and East London Ramblers



www.haveringeastlondonramblers.btck.co.uk

Mobile number 07583532309

Programme and Newsletter
April-July 2016

Chairman's Notes

Apologies for the number of walk cancellations affecting the last programme. A series of events which couldn't be anticipated were to blame. Unfortunately, a couple of walkers missed our electronic cancellation notices and waited in vain at the appointed meeting place. I would urge all members of the group to register their email addresses with our web master (Peter Owen) just in case a future walk is cancelled at short notice.

Secretary's Report

The Chair of Inner London Area would like us to e-mail the Mayoral and London Assembly candidates, asking us to support the "Love London Walk London" campaign. Also to ask the next Mayor to employ a walking ambassador to promote London. A worthwhile idea?



Olympic Park – Included in some of our walks

Havering Footpath & Countryside Officer

Footpath Maintenance Working Party

Thank you from me and Havering Council to everyone who has already helped with footpath maintenance.

There are further opportunities on this programme for you to join in this worthwhile activity. ***The first provisional date on this programme is Friday 15th April.***

Our usual meeting time is 9.45am near where we will be working and we usually finish by 1pm.

Information about the jobs will be available from me on a monthly basis. It would be very helpful if Ramblers would let me know of footpaths in Havering where they feel work needs to be done.

NB: As usual we include an additional reminder of the Provisional dates of the Footpath maintenance working parties in the body of the programme. We hope that this will help all walkers to plan a date when they can participate in one of the working parties. A clear path makes it much easier for all members.

Walks Secretary

The closing date for the next programme is the 25th June 2016

It would be much appreciated if you could supply your walks as soon possible especially if you require a specific date. Our drop dead date is the **25th June 2016** but please remember the later you leave it the likelihood the dates that you require will be more restricted.

If you would like to lead a walk on the next programme, please contact a member of the committee who I am sure will be happy to help you.

Can you please give your walk for the next programme to either Peter O'Neill on 01708 455626 or Peter Rees on 01708 445177 or peter.rees50@btinternet.com

The committee would like to thank all the people who have given up their time to lead walks for us all.

Although it is getting more and more difficult to fill the walks programme, we have managed to fill most walk dates in this programme, but please remember that we are always in need of people to lead our walks and that if we have no leaders we have no walks!

This is my penultimate programme and I would like to thank everyone who has led a walk as this allows us to put together a comprehensive programme.

Information and Web master

How many said, “not another e mail about a programme change” in the last programme. I did, and whilst I am sorry for the number of e mails, I am even sorrier for the members who did not get them and turned up for a cancelled walk. And whilst, hopefully, we will not have to cancel/change for poor/dangerous conditions, we may have to because leaders are not available. If you are not receiving the e mails and would like to, just send an e mail to address on the front of the programme and you will be added to the list. I try to limit it to one information e mail a month. If you later decide you no longer require them just ask to be removed from the list.

London Loop (Sandra Dalton)



As it is uncertain what transport links will be available until nearer the time I have decided not to give a start time or meeting point at this stage. Anyone interested in joining me on these sections should contact me on my home no of 020 8593 6066 or by email to sdalton@londonchamber.co.uk nearer the time.

Thursday evening walks (Sandra Dalton)

Please keep an eye on the group's website as I may be able to put on further Thursday evening walks.

All walks

If the weather is inclement, it is important to either check our web site as noted on page 1, or contact the leader to see if the walk will take place.

Please telephone the walk leader direct for specific walk related queries before phoning group mobile phone number.

As you are all aware we have been attracting 50 plus walkers on our London walks with a significant number of these not being members of our group. This is due to a large proportion of these people picking these walks up on Walk Finder. Therefore if you would prefer not to have your walk included in Walk Finder please let the Walks Secretary know when you supply your walk details.

Please check for the availability of public transport on the TFL web site, before travelling at weekends to allow for the planning of alternative routes.

Car share

Please car share where possible, as parking is often quite limited.



London Loop

Walking with the Ramblers

‘All sporting activities have inherent hazards associated with them, and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is therefore important that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity, and take all reasonable steps to eliminate or minimize the potential for an accident to occur’.

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Dogs on walks *

We have been informed by Ramblers Head Office that we need to comply with the Disability Equality Act (2010).

We will continue to let Walks Leaders decide whether it is appropriate to allow dogs to participate in their walks, but even in cases where it is decided not to allow dogs to participate in a particular walk, we must allow registered assistance dogs to participate with their owners e.g. guide, hearing, service, therapy and seizure alert dogs.

As a general rule only “Registered Assistance Dogs” will be allowed on walks unless the Walks Leader specifies that dogs are welcome.

Havering and East London Ramblers Association Committee Members

Chair:

Peter O'Neill

Secretary:

Ken Richards, 26 Arundel Road
Harold Wood. Romford.
RM3 0RT

01708 375559

Treasurer:

John Smith

Membership Secretary:

Diane Biggadike.

Walks Secretary:

Peter Rees

01708 445177

Havering Footpath & Countryside Officer

Joan Bullivant

Newham Footpath & Countryside Officer

John Buckle*

Webmaster:

Peter Owen

As you read through this walks programme you will hopefully be thinking about the walks that you plan to put on the next programme. To facilitate getting dates that suit you we are happy to accept walks from the 1st May.

Tuesday 29th March 10:30

Peter Owen

Stage 3 Start Point : Surrey Quays Station (London Overground - one stop from Canada water)

Description: Riverside walk following the Thames Path round the Rotherhithe peninsula past Tower bridge to Blackfriars Bridge

5.0 miles

Saturday 2 April 10:30

Micky Doyle

Meet at Canada Water Station for a walk through Brunel's tunnel and on to Wapping.

Registered assistance dogs only.

6 miles

Sunday 3 April

Sandra Dalton

Loop part 4 London Loop West Wickham to Hamsey Green

Contact me on 020 8593 6066 for details of where to meet.

On this section we get the chance to “step back in time” as we cross the prime meridian and reminisce about the “old money” whilst traversing a woodland, before we finally “go back to the future” with Croydon’s tramway.

9 miles

As it is uncertain what transport links will be available until nearer the time I have decided not to give a start time or meeting point at this stage.

Anyone interested in joining me on these sections should contact me on my home no of 020 8593 6066 or by email to

sdalton@londonchamber.co.uk

nearer the time.



Tuesday 5 April 10:15

Phil Havis

Meet at Blackmore Village Hall (junction of Red Rose Lane and Nine Ashes Road) for a local circular walk.

Grid Ref 601 202

Post Code CM4 0QR

Registered assistance dogs only.

5.5 Miles

Saturday 9 April 9:50

John Bowen

Meet under the clock on Waterloo station concourse at 9:50 for 10:06 train to Hampton Court, returning from Teddington station, for a linear walk along the Thames from Hampton Court to Teddington. Walk via Kingston riverside to Teddington Weir and Lock. 6 miles on good paths.

Registered assistance dogs only.

6 miles

Sunday 10 April 9:00

Kathleen Valentine

Meet at Harold Wood Station car park for a car share to Danbury. Circular walk with cafe lunch stop at Paper Mill Lock (packed lunch optional).

9 miles

Tuesday 12 April 10:15

Marion Franklin

Meet at Pudding Mill Lane DLR station for a watercourse and wetlands walk finishing at Stratford International DLR station/John Lewis end of Westfield, Stratford.

Registered assistance dogs only.

5 miles

***Fri 15th April Provisional Date
Footpath maintenance working party***

Saturday 16 April 10:0

Chris West

Meet at London Bridge Station concourse by platforms 10-15, to catch 10.15am train to East Dulwich for a circular walk around Dulwich, returning from North Dulwich Station.

5.25 miles

Sunday 17 April 10:0

Joan Bullivant

Meet at High Street Kensington underground station for a linear walk to South Kensington underground station. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

10 miles

Tuesday 19 April 10:15

Jan Ryley

Meet at Baker Street Underground Station, at the Madam Tussauds exit, for a linear walk to Lancaster Gate Underground Station.
Registered assistance dogs only.
5 miles

Saturday 23 April 10:15

Beryl Buckler/Coral O'Neill

Meet opposite Romford Railway Station for a walk through local parks to Bedfords Visitors Centre and back.
Registered assistance dogs only.
5 miles

Sunday 24 April 10:0

Ron Lockhart

Meet at Berwick Ponds car park for a circular walk.

Post code RM13 9EJ.

Grid Ref L/R 175 TQ 543/836.

All my walks are 6 to 7 miles but I will do further if the group want too. Ron Lockhart 01708 523513 Mobile 07812 412611. Please ring or Email me If you have any problems

6/7 miles

Tuesday 26 April 10:15

Jerry O'Brien

Meet at Little Hallingbury. Mill Hotel. Mill lane
Post Code CM22-7QS

Registered assistance dogs only.
5 miles

Saturday 30 April 10:15

Peter Rees

Meet at Fishers Green, Stubbings Hall Lane, Lee Valley for a circular walk.

Grid Ref TL377031

Lat N51.710669° / Long

W0.008166°

Registered assistance dogs only.
6 miles

Sunday 1 May 9:0

Ron Lockhart

Meet H.W.N.C in Gubbins Lane free parking for onward journey to Danbury for a circular walk

6/7 miles

Tuesday 3 May 10:30

Peter Owen

Stage 4 Start time 10.30

Start point Blackfriars

Underground Station Exit 7.

Riverside walk following the

Thames Path. Taking in the hub-

hub of the South bank ending at

Sloane Square Underground

Station.

5.0 miles

Saturday 7 May 10:15

Joan Bullivant

Meet at Tower Hill underground station for a linear walk to Barbican underground station.

Registered assistance dogs only.

6 miles

Sunday 8 May 10:0

Joan Bullivant

Meet at Canada Water station for a linear walk to Cutty Sark station.

Pub or café stop but advisable to bring a packed lunch. Registered assistance dogs only.

10 miles

Tuesday 10 May 10:30

Joan Bullivant

Meet at Dagenham

East underground station for a linear walk to Goodmayes station.

Registered assistance dogs only.

6 miles

Fri 13th May Provisional Date

Footpath maintenance working

party

Saturday 14 May 10.15

Ros Kendrick/Shirley Andrews

Meet at Bedfords Park, Broxhill Road, car park near the visitor centre at 10.15 am for a circular walk around Bedfords Park.

Post Code RM4 1QH.

Registered assistance dogs only.

5 Miles.

Sunday 15 May 10:0

Joan Bullivant

Meet in Bedfords Park main car park near the visitors centre for a circular walk via Fairlop Waters. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

12 miles

Tuesday 17 May 10:15

Jerry O'Brien

Meet in Ingatestone by the level crossing in Church Lane which is off the Roman Road (B1002). For a circular walk.

GR. 661004

Nearest PC - CM4 0EB

Lat N51.677978 / Long E0.402279

Registered assistance dogs only.

5 miles

Thursday 19 May 7:30pm

Sandra Dalton (Evening)

Meet at Miller & Carter, (was Camelot PH) Lambourne End.

Walk via forest and field paths visting Lambourne church.

Grid Ref 478947

Well behaved dogs welcome

3.5 miles

Saturday 21 May 10:0

Norman Larsen

Meet at Waterloo Station to catch the 10:07 train from Waterloo, alight at Kew Bridge Stn 10:35.

Leader meeting you at Kew Bridge stn to start walk at 10:40 Contact 07722428143

Linear Walk from Kew Bridge stn to Hanwell Station via the Grand Union Canal and River Brent

Pub or pack lunch en route.

6 miles

Sunday 22 May

Sandra Dalton

Loop part 5 Hamsey Green to Banstead Downs

Contact me on 020 8593 6066 for details of where to meet.

Today's walk sees history in the making as we pass a Battle of Britain fighter station, allotments designed to make farmers of returning soldiers from WWI and an estate which gives its name to a

flat race. All this and more on what could prove to be a very interesting section.

10 miles

Tuesday 24 May 10:15

Anne Baker /Chris O'Connell

Meet At Waterloo Station under the clock to catch a train to Hampton Court for a linear walk along the Thames Path to Teddington.

Registered assistance dogs only.

5 miles

Saturday 28 May 10:30

Peter Owen

Meet point Queens Theatre, Hornchurch.

Heritage walk with local author Brian Evans. Brian takes us to some of the places in Hornchurch associated with the First World War. More talk than walk.

2 miles

Sunday 29 May 10:0

Ron Lockhart

Meet at Ockendon West Road Car Park **map ref 592/829** this is a brand new walk for your group ideal for the bird watchers among you.

6/7 miles

Tuesday 31 May 10:15

Beryl Buckler/Coral O'Neill

Meet at Baker Street Station for a walk around Regents Park and the surrounding area.

5 miles

Thursday 2 June 7:30pm

Sandra Dalton (Evening)

Meet in car park opposite school in Chigwell Row. Walk via forest and field paths edging Hainault Forest and Havering Atte Bower country parks. Some hills and one muddy path.

Grid Ref 470937

Well behaved dogs welcome

6 miles

Saturday 4 June 10:15

Peter Owen

Start point Chipping Ongar opposite Two Brewers for a circular walk through the Essex countryside. Can't say too much. It's a secret.

Grid Ref [TL5506902624](#)

Post code CM5 9 HD

5.5 miles

Sunday 5 June 10:0

Ron Lockhart

Meet at Mill Green, The Viper P.H for a circular walk.

Post code CM4 OPT

Grid Ref L/R 183 641/018.

6/7 miles

Tuesday 7 June 10:15

Jerry O'Brien

Meet at Thorndon Country Park in the North car park by the visitor centre for a circular walk.

Registered assistance dogs only.

5.5miles

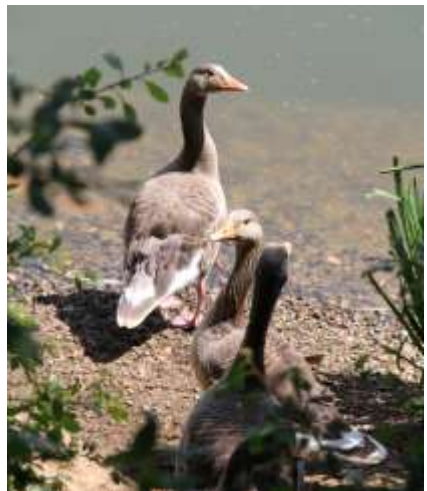
Thursday 9 June 19:30

Joan Bullivant (Evening)

Meet at Dagenham East underground station for a circular walk.

Registered assistance dogs only.

5 miles



Dagenham Ducks

*Fri 10th June Provisional Date
Footpath maintenance working
party*

Saturday 11 June 10:30

Norman Larsen

Meet at Tottenham Hale Station for linear walk along the River Lea finishing on the Greenway at the View Tube Café. Few minutes to Pudding Mill Lane DLR. Contact 07722428143.

6 miles

Sunday 12 June 9:0

Kathleen Valentine

Meet at Harold Wood Station car park for a car share to Matching Tye for a circular walk around the Matching Villages. Lunch stop at Hatfield Heath (pub, tearoom or packed lunch in the churchyard).

9.5 miles

Tuesday 14 June 10:0

Les Cannings

Meet at Norsey Woods car park, in Outwood Common Road, Billericay for a circular walk. Registered assistance dogs only.

5.5 miles

Saturday 18 June 10:30

Les Cannings

Meet at Kensal Green Underground Station (Bakerloo Line) for a linear walk via Wormwood Scrubs to Ladbrooke Grove Station.

Registered assistance dogs only.

5.5 miles



Evening Walking

Sunday 19 June 9:0

Joan Bullivant

Meet in Harold Wood station car park for a car share to Manningtree (station) for a circular walk via Flatford Mill and Dedham. Pub or café stop but advisable to bring a packed lunch.

Registered assistance dogs only.

12 miles

Tuesday 21 June 10:15

Carol Thomas

Meet at Cory Environmental Trust, Visitor Centre, Thameside Nature Park, Mucking Wharf Road, Mucking, Stanford Le Hope. For circular walk along the Thames Estuary and nature reserves.

Post code SS17 0RN.

Grid Ref TQ69686

5 miles

Thursday 23 June 7:30pm

Sandra Dalton (Evening)

Meet in car park opposite Viper PH Mill Green (near Ingatestone).

Walk via forest and field paths.

One downhill stretch, in forest.

All paths fairly good. Good opportunity to see wildlife. Grid Ref 640018

Registered assistance dogs only.

6.5 miles

Saturday 25 June 10:30

John Buckle

Meet at High Beech visitor centre for a walk round Epping forest.

Post Code IG10 4AF

Registered assistance dogs only.

5 miles.

Sunday 26 June

Sandra Dalton

Loop part 6 Banstead Downs to Kingston Bridge

Contact me on 020 8593 6066 for details of where to meet.

Ruins of Tudor palaces, Victorian Castles and old mills abound along the way, and for those that misbehave, the threat of an evening spent in the Watch House to contemplate their misdemeanours. Finishing up by a rare survivor, a 12th century bridge underneath today's road bridge at Kingston.

11 miles

Tuesday 28 June 10:45

Ian Rusha

Meet at Oakleigh Park Station (Alverstone Road Exit) for a linear walk to Winchmore Hill

Registered assistance dogs only.

6 miles

Thursday 30 June 7:30pm

Sandra Dalton (Evening)

Meet Childerditch Common car park Little Warley (near

Greyhound PH). Walk in

Thorndon Country Park and on

field paths surrounding

Childerditch. Some ups and

downs, can be difficult over fields.

Grid Ref 605907

Well behaved dogs welcome

6 miles

Saturday 2 July 10:15

Roy Clemance / Maureen Collins

Meet at east Tilbury Coalhouse

Fort car park, at the east end of

Margret Road for a circular walk via West Tilbury.

Grid Ref 690767

Post Code RM18 8PB

Registered assistance dogs only.

6 miles

Sunday 3 July 10:30

Micky Doyle

Meet at Liverpool Street Station at the entrance to platform 17, for a mystery walk into the City.

Registered assistance dogs only.

5 miles

Tuesday 5 July 10:30

Micky Doyle

Charlie's walk. Meet junction

Harrow Crescent and Keats

Avenue, Harold Hill, walk across

the old Romford Common to

Bedfords park via Bobs Lane.

Grid Ref TQ526911

Post Code RM37AU

Well behaved dogs welcome

5 mile

Saturday 9 July 10:15

Chris West

Meet at Leytonstone Tube Station

for a linear walk in Epping Forest,

via Snaresbrook, Hale End,

Chingford Hatch, Visitor's Centre,
to Chingford Station

Registered assistance dogs only.

6 miles

Sunday 10 July 9:0

Joan Bullivant

Meet in Harold Wood station

car park for a car share to

Coggeshall for a circular walk.

Pub or café stop but advisable

to bring a packed lunch.

Registered assistance dogs only.

10 miles

Tuesday 12 July 10:15

Marion Franklin

Meet at West Ham Station for a

Greenway, Victoria and Olympic

Park walk finishing at Westfield,

Stratford.

Registered assistance dogs only.

5 miles

Saturday 16 July 10:15

John and Jacquie Humphreys

Meet in the car park of the

Museum of Power, Hatfield Road,

Langford, Maldon,

Essex CM9 6QA for a circular

walk through Langford and

visiting the Beeleigh Falls.

The museum will be open until

4pm for anyone wishing to visit.

The cafe does lovely fresh food

and they need to take any lunch

orders before we set off.

4.5 Miles

Sunday 17 July 10:0

Ron Lockhart

Meet in Navestock Side for one of

our old favourite walks.

Post code CM14/5SD

Grid Ref L/R 175 TQ563/973.

6/7 miles

Tuesday 19 July 10:0
Peter Rees
Meet in the car park at Belhus
Country Park visitor centre for a
circular walk. (Car park fee)
Post code RM15 4XJ
Registered assistance dogs only.
5 miles

Thursday 21 July 7:30pm
Sandra Dalton (Evening)
Meet at Tower Arms PH South
Weald. Walk on good paths in and
around Weald Country Park.
Well behaved dogs welcome
Grid Ref 571938
4-5 miles

Fri 22nd July Provisional Date
Footpath maintenance working
party

Saturday 23 July 10:15

Ken Richards
Meet at the Mill Green car park,
opposite the Cricketers P.H. near
Ingatstone for a circular walk.
GR 637 013.
Post code CM4 0JD
Registered assisted dogs only.
5 miles

Sunday 24 July

Sandra Dalton
Loop Part 7 Kingston Bridge to
Donkey Wood
Contact me on 020 8593 6066 for
details of where to meet.

We will be passing though Bushy
Park, once part of Henry VIII's
Hampton Court estate and today
home to large herds of red deer.
Later on we will learn about the
gunpowder mills as we visit Crane
Park and see the Shot Tower where
once lead shot was made, but is
now an interpretation centre for the
nature reserve.
10 miles

Tuesday 26 July 10:0

Phil Havis
Meet at Westley Heights car park,
behind Harvester public house,
Langdon on B1007, for a different
walk to One Tree Hill.
GR 683 868.
Post code SS16 6HU
Registered assistance dogs only.
5.5miles

Saturday 30 July 10:30

John Buckle
Meet at Mile End station for walk
to Olympic park via Victoria Park
finishing at Westfield Stratford.
Registered assistance dogs only.
5 miles.

Sunday 31 July 9:00

Norman Valentine
Meet at Harold Wood Station car
park for a car share to Great
Bardfield. Circular walk with a
pub stop at the end.
7 miles



The Motley Crew



We seem to have lost the other 24,830

A Big Thanks to our Walk Leaders

Shirley Andrews

David Brooks

John Buckle

Joan Bullivant

Les Cannings

Roy Clemance

Sandra Dalton

Micky Doyle

Marion Franklin

Phil Havis

Ros Kendrick

Norman Larsen

Ron Lockhart

Jerry O'Brien

Coral & Peter O'Neill

Chris O'Connell

Peter Owen

Peter Rees

Ken Richards

John Smith

Carol Thomas

Anne Baker

Norman & Kath Valentine

John & Jacquie Humphreys

Liz Rayner

John Bowen

Chris West

Jan Ryley

Ramblers Holidays Walking Partnership



The Havering and East London Ramblers group has recently joined The Walking Partnership. This new partnership, supported by Ramblers Worldwide Holidays, provides direct financial contributions to local walking groups to help with organising group walks, encouraging people to get out walking, helping to clear and improve footpaths, providing equipment to help walkers etc. Over the past 65 years, Ramblers Worldwide Holidays has given many millions of pounds to assist walking charities and conservation projects in Britain and the countries they visit on their worldwide holidays. Now our group can benefit directly.

Ramblers Worldwide Holidays operate group walking holidays in the UK and all around the world. Each holiday is accompanied by a qualified walks leader, so you can leave all the organising to them and just enjoy meeting like minded people and of course, some fantastic walking. Holidays are graded in terms of difficulty, and there is a full range from sightseeing right up to hut-to-hut mountain treks. Take a look at their website on www.ramblersholidays.co.uk or give them a call on 01707 33113 for more details or to order a brochure.

Remember when you book to quote the name of our group, and we will then receive a contribution of £10 per person on UK holidays, £20 per person on short haul holidays, and £30 per person on long haul holidays. This extra funding could really make a difference to us.



CHOOSE THE PATH LESS TAKEN...
...with the original walking experts



- worldwide & UK guided walking • trekking
- sightseeing • short breaks • great journeys
- special interest • small groups

Don't forget! When you book, tell us the name of your walking group, to ensure your group receives Walking Partnership funds.

For advice, rewards and a brochure call

01707 386804

www.ramblersholidays.co.uk



Walking holiday partner